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ABSTRACT

This book examines the importance of advocating healthy lifestyles among minority adolescents, who are at increased risk for particular health problems. The three central themes: highlight similarities and differences across diverse ethnic groups of adolescents while respecting their heterogeneity; emphasize innovative and culturally based approaches to prevention; and highlight clinical applications and elements that will assist health care providers in facilitating health behavior change among minority adolescent populations. The book contains 4 parts with 14 chapters. Part one, "Conceptual Framework for Understanding Minority Adolescent Health," includes: (1) "Developmental and Biological Perspectives on Minority Adolescent Health" (S.H. Parfenoff and R.L. Paikoff) and (2) "Psychological, Social, and Cultural Perspectives on Minority Health in Adolescence: A Life-Course Framework" (J.S. Jackson and S.L. Sellers). Part two, "Health-Compromising and Health-Promoting Behaviors in Minority Adolescent Populations," contains: (3) "Preventing Drug Abuse and Violence" (G.J. Botvin and L.M. Scheier); (4) "Health Promotion in Minority Adolescents: Emphasis on Sexually Transmitted Diseases and the Human Immunodeficiency Virus" (J.R. Rodrigue, K.P. Tercyak, and C.M. Lescano); (5) "Increasing Physical Activity Levels among Youth: A Public Health Challenge" (W.C. Taylor, B.M. Beech, and S.S. Cummings); (6) "The Role of Diet in Minority Adolescent Health Promotion" (D.K. Wilson, S.C. Nicholson, and J.S. Krishnamoorthy); (7) "Minority Adolescent Female Health: Strategies for the Next Millennium" (B.J. Guthrie, C.H. Caldwell, and A.G. Hunter); and (8) "Health Behaviors in the Development of Adult Cardiovascular Disease and Diabetes among Minorities" (H.P. Hazuda and A. Monterrosa). Part three, "Interventions for Minority Adolescent Populations," includes: (9) "Interpersonal Interventions for Minority Adolescents" (K. Resnicow, R.L. Braithwaite, and J. Kuo); (10)

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"Multisystemic Therapy and the Ethnic Minority Client: Culturally Responsive and Clinically Effective" (M.J. Brondino, S.W. Henggeler, M.D. Rowland, S.G. Pickrel, P.B. Cunningham, and S.K. Schoenwald); (11) "School-Based Interventions to Prevent Substance Use among Inner-City Minority Adolescents" (M.A. Forgey, S. Schinke, and K. Cole); and (12) "Community-Based Interventions" (B.R. Yung and W.R. Hammond). Part four, "Health Policy and Special Concerns for Minority Adolescent Populations," contains (13) "Health Service Access and Utilization among Adolescent Minorities" (A.L. Giachello and J.O. Arrom) and (14) "Health Care and Health Policy for Adolescents" (R.M. Kaplan and L. Friedman). (SM)

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